



**SAHAB**  
Dates And Raisins



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Sahab Trading Company will be a dynamic, efficient, customer-oriented and knowledge-based organization that will rely on modern management systems and use appropriate opportunities in economic activities to direct its resources and potential facilities and invest in the field of industry.

New and infrastructure, in domestic and international markets that have the best efficiency.

It will take a step towards achieving its vision goals and will have an effective and position-building business for the sustainable supply of advantageous and quality products, and will become the most reliable, popular, active and profitable trading company with expert activity. It will expand its trade not only domestically but also in international markets.





## Zahedi dates packaging

Zahedi dates are packaged in different ways in Iran.

To know more about Zahedi date packaging, read more. When ripe, Zahedi dates are harvested from groves and placed in the sorting stage. In sorting dates, Zahedis are washed and packaged, but the type of packaging must be commensurate with the type of order that is taken from the customer.

There are different packages for Zahedi dates, for example: dates in cartons with different weights, for example: weights of 2, 3, 5 and 10 kg, and some other Zahedi dates in very small packages. They weigh 400 to 600 grams and are vacuum-packed, and some other dates are packaged in 30- to 50-gram packages and some are packaged in single-person packages.



Weight: 10 kg

IN REFRIGERATOR  
IN (0-5°C)

Made in IRAN





### **Stameran dates packaging**

Stameran dates, also known as Sayer dates, are one of the most popular and at the same time best-selling date products in Iran. Stameran dates are mainly grown in Khuzestan and southern cities of Iran. This date has a very high sugar and is considered the sweetest type of date. Sayer dates (Stameran dates) is one of the sweetest dates in the world. Its sugar content is above 75%.

The time of harvest of Stameran dates or Sayer dates is about the beginning of September to the beginning of October. This product is one of the major dates for export that has many exports to Europe. The under the cultivation groves of Stameran dates are in Khuzestan province.

This product includes about 70% of Khuzestan province and is a part of semi-dry dates with moisture and humidity less than 18%. This has led to better and longer storage conditions than other dates. The harvest time of these palms is late September and early October.



## Barehi dates packaging

According to many people, especially the people of Khuzestan, Barehi dates are the most delicious dates among other dates.

Barehi dates are the origin of Iraq. Of course, in our own Khuzestan, it is widely cultivated and harvested. Barhi dates have gained a lot of fame because they are late ripening and have good resistance to moisture. Dates are very important dates and are economically and commercially valuable, especially in Khuzestan province and of course for Iran.



Although these dates were mainly cultivated in Iraq, but today in Khuzestan province there is a wide range of groves of these dates. Apart from Khuzestan itself, in the cities of Qasr Shirin, Somar, Lengeh port and Dehloran, and to a large extent in Borazjan, Barehi dates are harvested every year.

Dates are yellow and brownish. This date turns more yellow at the time of Khark, and time to get Rotab to amber, and finally when it is fully ripe, it turns light brown.

Dates are oval, its texture is soft and it belongs to the family of wet and moist dates. The good thing about dates is that they can be used well in both Khark, Rotab and dates ripening time.





## Gentar dates packaging

Gentar dates or qantar or sugar dates are wet dates with small kernels. This date is one of the important and export cultivars of Khuzestan province as well as cities such as Kazerun, Borazjan, Ahram and Darab. This date has a high storage capacity. Gentar has a semi-dry texture, an oval appearance and a brownish color.

Gentar dates (especially Behbahan) are considered as wet dates and have a fine texture. Gentar dates are one of the best export dates in Behbahan. This type is also called Qantar and Ghandi in different regions. It is "wet" from fine-grained types. It is one of the best export dates in Khuzestan. The maintenance capacity of this type is high.







### Piarom dates packaging

As mentioned, Piarom dates are among the cultivated types in Hajiabad region in Hormozgan province. Due to its high quality and long shelf life, this fruit is one of the best-selling and export types of Iranian dates. Fossils of this date are grown in areas with hot and dry climates and along the mountains.

Depending on the climate of the place of cultivation, the fruiting time of the palm will be different. It usually continues in different villages of Hajiabad from the beginning of March to the end of April. Gradually, with the arrival of the summer season and from the beginning of August, the dates of the Kong become Rotab and its color becomes darker. From late September to November, dates are ripe and ready to be harvested.



## Walnut

Fat is the most important component of walnuts, includes 65% of it. Walnuts contain a small amount of protein (15%) and a small amount of carbohydrates. Most carbohydrates in walnuts are stored as fiber. Walnuts are a good source of some vitamins and folic acid. In the following, you will know the nutritional value and properties of walnuts better.

Fat makes up the majority of calories and 65% by weight of walnuts. This makes walnuts a high-calorie, high-density food. High energy density means that a food is high in calories relative to its volume. Although walnuts are high in fat and calories, replacing them with other foods in the diet does not cause obesity and overweight.

Walnuts are richer in nuts than most nuts in terms of their unsaturated fats. The most abundant fat in walnuts is omega-6 fatty acids called linoleic acid.







### Pistachio kernels

Pistachio is a small tree that originated in the Middle East and Central Asia and grows in countries such as Iran, Syria, Turkmenistan and western Afghanistan.

This tree produces a fruit that is edible and very tasty. Pistachio is a Persian word that has entered European languages through Latin. Pistachio production in Iran in 2017 was 574,987 tons, which has made this country the first in the world. [2] After Iran, the United States is in second place with 272,291 tons and China is in third place with 95,294 tons.

The global value of pistachio exports was \$ 1.81 billion, of which the US share was \$ 842.75 million, Hong Kong's share was \$ 359.66 million and Iran's share was \$ 199.36 million (11%).



### Date juice

Juices are one of the energetic foods and are the best food for the body when it needs more energy. One of these juices is date juice. Date juice has the same properties as dates. It contains phosphorus and iron, which if consumed at breakfast activates nerve cells and also prevents anemia in people. Date juice relieves rheumatic pains and arterial and venous diseases.





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